

## Sunday, February 26, 2023



Then the devil took him up to a very high mountain, and showed him all the kingdoms of the world in their magnificence, and he said to him, "All these I shall give to you, if you will prostrate yourself and worship me." At this, Jesus said to him, "Get away, Satan!"  
—Mt. 4:8-10a

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## Mass Intentions

### Monday, February 27, 2023

8:15 am: + Stasia Aranha

### Tuesday, February 28, 2023

8:15 am: + Estrocio Coutinho

7:00 pm: + Kathleen Smith

### Wednesday, March 1, 2023

8:15 am: + Filippo Di Franco

### Thursday, March 2, 2023

8:15 am: + Margaret Ritchie

### Friday, March 3, 2023

8:15 am: Thanksgiving and Special Intentions for the Antipolo Family

7:00 pm: For healing and success in knee surgery for Valerie De Souza

+ Joe Nazareth

+ Cesar & Teresita Torrefranca

Ashford & Joanne Goberdham & Family

+ All Souls

### Saturday, March 4, 2023

8:15 am: + Aida Marie Gaudet

5:00 pm: + The Setzer Family & + Eugene Lepa

### Sunday, March 5, 2023

8:30 am: + Prazeres De Souza

10:00 am: + Enza Banducci

12:00 pm: In Thanksgiving from the Pereira Family

7:00 pm: St. Patrick's Parishioners & Youth

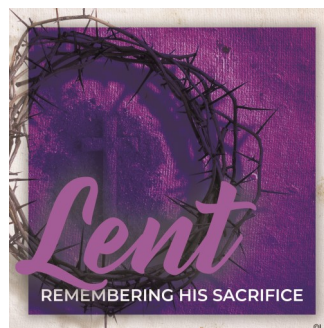
## First Sunday of Lent

The Spirit leads Jesus into the desert to be tempted by the devil, and we hear this: **"He fasted for forty days and forty nights, and afterwards he was hungry."** Seems like a questionable battle preparation plan. When I fast, I usually feel grouchy at best, and at worst, like I might pass out from longing for a hamburger. Isn't it better to be well-fed and fully hydrated, especially to face spiritual struggles? Why fast?

This might help. The origin of the word "fast" means to "hold firmly." We still use it that way when we say, "I held *fast* to my original decision." We human beings are a bundle of desires which vie for our attention: food, drink, comfort, safety, sex, laughter, beauty, and so on. If we can't manage to have firm grip on them, in short order they'll have a firm grip on us. By fasting from our lower desires, we learn to firmly grip on to what is greater. Fasting leads to us to a firmer hold on our body and mind.

Jesus fasts for us. He's showing us that his grace can help us regain this firm hold of our lives, which makes it more difficult for the devil to tempt us. But take it one more step. Fasting also teaches us to finally hold fast to Jesus, the Word of God in flesh. **"Man does not live by bread alone,"** he says, **"But by every word that comes forth from the mouth of God."** Jesus' fasting reveals his fast hold to the Father in everything. May our fasting help us to grasp ourselves more firmly, and then to hold fast to Jesus alone.

— Father John Muir



Please remember that Ash Wednesday and Good Friday are days of fast and abstinence from meat.

The law of abstinence binds all those who are 14 years and older, the law of fasting binds those who are 18-59 years of age.

## First Friday

**Friday, March 3, 2023** is the First Friday of the month. Please join us for Mass at 7:00pm followed by the Holy Hour with the Exposition of the Blessed Sacrament and Benediction.

## Parish Office Hours

Mon-Fri: 9am-4pm

Sat: 9am-12pm, 3pm-6pm

Sun: 9am-1pm

*St. Patrick's Online Prayer meet every Monday at 7:00pm via Zoom! To join, please send us an email to subscribe to the email list!*



## Parish Website

StPatricksMi.archtoronto.org

## Email

StPatricksMi@archtoronto.org

## Youth Website

stpatricksyouth.com

## Please Pray for the Sick...

*Please pray for our parishioners, family and friends who have requested our prayers:*

Alessia & Tony Commisso, Tina MacPherson, Damien Chaytor, Humberto Casimiro, Charmaine Menezes, Maria Bizzaro, Thomas Chircop, George Blanchette, Sonia Miranda, Suzy Zahra, Marcelle Caruana, Lynn Viscardi, Maria Bowman, Luigina Furlan, Francis Asis, Paul Celia, Evelyn Cletus, Alix Meikle, Raul Soriano, Wilfredo Ticzon, Arnold De Castro, Rosa Santos, Virginia Sevilla, Carole Melbourne, Luigina Catalli, Royston Guilford, Irene Lesniak, Jacintha Fernandes, Andre & Tamara Boaden, Dianne Ouellette, Anna Iafrate, Doreen Micallef, John Kolozsvari, Dominic Alvia, Manuel Bienvenido Locsin, Theresa Boutilier, John Ngoc Truong, Maureen Tierney, Bill Cranor, Jocelyn Heydorn, Jose Valle, John Fermin, Jonathan Pinto, Alvaro Interiano, Arlene Claricia, Jennifer Nava-Villa, Gatsby & Ryen Lung, Eleonora Marchese, Fruto Relator, Margarita Flores, Carlito Claricia, Virginia Torrefranca, Benedict de Castro, Carole Bullock, Russell Hussey, Josie Timko, Pat Mooney, Joseph A. Torrefranca, Rhea O'Hara, Sybrea O'Hara



## Lift Jesus Higher Rally 2023

**Sat, March 4: 9:00 am to 5:30 pm**

Metro Toronto Convention Centre

North Building, 255 Front Street West

A Grace-filled Day Celebrating God's Love with:

- \* Thomas Cardinal Collins, Archbishop of Toronto
- \* Ralph Martin
- \* Chris Stefanick
- \* Uplifting Music, Eucharistic Healing Procession
- \* Confession and Holy Mass
- \* Separate Youth Event with Debbie Herbeck & Pete Burak

For Tickets/Info. [www.ljhr.ca](http://www.ljhr.ca), contact@ljhr.ca or Call Sadie at (905) 270-2510

## 2022 Tax Receipts

Please note that we have closed our books for 2022. Tax receipts for 2022 have been issued and mailed out. Thank you for your continuous support!

## Lectors Needed

Readers are needed for the 7:00pm Mass. If you are interested, please visit the parish office to complete a registration form. Once completed, you will be contacted by the Parish Lector Coordinator, David. Thank you!



### **First Confessions**

*A reminder that  
First Confessions for our  
parish children will be held  
on Monday, Feb 27 and  
Wednesday, Mar 1 at 7pm.  
Please keep them in your  
prayers!*

## YOUTH MINISTRY

### **JOIN US FOR EDGE & ELEV8!**

Join us Fridays at the Parish from 5pm to 6:30pm (doors open at 4:45pm):

**Mar 3, Mar 24, Apr 14, Apr 28, May 26 & Jun 9**

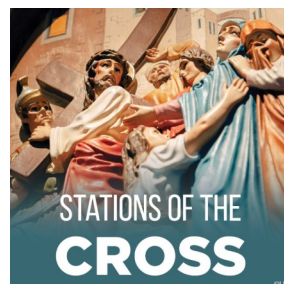
RSVP is encouraged through Eventbrite:  
<http://bit.ly/spygedge>

## Scholarship to St. Michael's College

The Toronto Diocesan Council of the Catholic Women's League of Canada is offering a scholarship to St. Michael's College. This scholarship is open to **any young woman who is of Catholic faith**, who is completing her secondary school education, and who has **indicated on her application to the University of Toronto that St. Michael's College is her first choice**. The applicant must be entering the Faculty of Arts and Sciences in one of the following areas of study: Computer Science, Humanities and Social Sciences or Sciences.

The applications must be submitted by May 31, 2023. For further information, check the bulletin board or email [stpatrickmis.cwl@gmail.com](mailto:stpatrickmis.cwl@gmail.com)

## Stations of the Cross



You're invited! Join us!

*Mar 3, Mar 10, Mar 17,  
Mar 24, Mar 31 & Apr 7.*

Quiet moments of liturgical prayer, thoughtful meditation and silent reflection on Christ's journey to the cross. Praying through the stations of the cross is one way we can keep vigil with

Christ during these holy days.

Traditionally, there are fourteen Stations of the Cross, most taken directly from Scripture and a few passed down in Christian tradition.

Below is the schedule of the different groups in our parish that will be praying the Stations of the Cross.

Please note all are held after 7:00 pm Mass, except for March 3rd, which will be at 6:00 pm.

- March 3<sup>rd</sup> - Knights of Columbus (start 6:00pm)
- March 10<sup>th</sup> - St Vincent De Paul
- March 17<sup>th</sup> - Catholic Women League
- March 24<sup>th</sup> - St Patrick's Youth
- March 31<sup>st</sup> - Legion of Mary

## Live the Liturgy

We worship a God who understands human limitation. A God who has felt the pangs of fasting and the enticements of the tempter. Our God, hungry and tired and weakened, has stared into the face of the devil and said: "I am stronger than you."