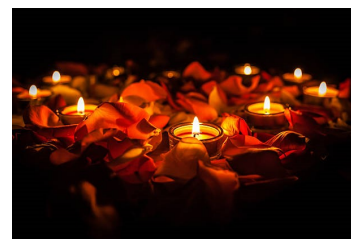


THE PANDEMIC DIARY



Volume 2, Issue 7



We Remember.....

November 2022

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PRESIDENT'S MESSAGE

*And the dead leaves lie huddled
and still, no longer blown hither
and thither;*

*The last lone aster is gone; the
flowers of the witch-hazel wither*
Robert Frost

Sisters of the League,
November has been a solemn
month, one of remembrance
of our deceased loved ones
and veterans. We had a beautiful
Remembrance Ceremony at our
General Meeting where we also
celebrated our dear

Sister Andrea's milestone
birthday with an excellent
potluck supper and a spectacular
cake made by Lucy Di Lela.
Check out pics on Pg 4.

The next exciting event our
Council has planned is the
Christmas Bazaar on December
3rd/4th, 2022. Please support
this venture by donating baked
goods, items for our gift baskets
and volunteering at the event.
And most importantly, please
patronize the event. We have

some unique gifts and gift
bags you can purchase for
friends and family and
throw your hat in the ring
for a chance at winning a
gift basket put together by
our amazing Brigitte Daniel!

We look forward to seeing
you there!!

God Bless!!

Ramona

Women of the Bible presented by Brigitte Daniel featuring EVE

On the sixth day of creation, God decided it would be good for Adam to have a companion and helper. God caused Adam to fall into a deep sleep and took one of Adam's ribs to form Eve. Eve became Adam's companion and helper. She too, was made in God's image (**Genesis 1:26-27**). With the making of Eve, God brought human relationships, friendship, companionship, and marriage into the world.

One day a serpent representing Satan tricked Eve into eating fruit from the tree of the knowledge of good

and evil, something God had expressly forbidden. They were punished and sent away from the Garden of Eden. Eve's punishment was to experience increased pain in childbirth and to be made subordinate to her husband. God had been clear: **"Eat of the tree of the knowledge of good and evil and you will die."** Adam was with his wife when she was tempted and as her husband and protector, he was responsible for intervening, but did not. For this reason, both were held responsible and punished as transgressors.

Eve was made in the image of God,

specially designed to serve as a helper to Adam. She bore children, assisted only by Adam. She carried out the nurturing duties of a wife and mother with no example to guide her. We learn from Eve, that women share in God's image. Feminine qualities are part of the character of God. God's purpose for creation could not be fulfilled without the equal participation of "womankind." **Eve teaches us that God wants us to choose him freely and to follow and obey him out of love.** Nothing we do is hidden from God. **We must accept personal responsibility for our actions and choices.**

Armchair Travelogue with Barbara Azzopardi featuring a 'Cruise' with Magaly Vasquez

After more than 2 years, my husband and I left for our first Cruise at the end of August. We stayed for 6 days in Barcelona where the Cruise was leaving from. Barcelona is such a beautiful city pleasant to walk around in. We went to see "**Magic Fountain of Montjoic**", a free show where the dancing waters in the fountain are choreographed to light, colours and music. We also visited tourist areas like; **La Boqueria**, **La Rambla**, El Barrio Gotico (harbours a wonderful ice cream parlour, and an all year Christmas Store), the Cathedral, The Palace of the Catalan Music, Arc of Triomf, **Plaza Catalunya** (where tourists take pictures with 100s of doves), **Park Guell** featuring the works of Antoni Gaudi and the marvelous **La Sagrada Familia** which when completed in 2026, will be the biggest Church in the world! We enjoyed eating "Pinchos" which are small slices of french bread with different toppings such as Spanish tortilla, sausages and different kinds of cheeses. We really loved our time in this city. The last night before we sailed we went to a Chilean restaurant where we met with our oldest daughter's Godmother who lives in Chile but was visiting Barcelona, a wonderful coincidence.

We embarked on the Celebrity Beyond, the newest from Celebrity Cruises. The food was wonderful, the shows really enjoyable too. I was so thankful that I never got sea sick, which was one of my biggest concerns. We sailed for 9 days and we stopped at different ports. **Provence** was our first and the city of

Marseille was the one that I liked the best. We went to the Canebiere which is the old part of the city. We took the "Le petit train" that took us to the Basilique N.D. de la Garde de Marseill. This Basilica is at the top of a hill from where you can see all the city. It is really impressive and beautiful. It was very hot and we walked a lot and encountered many stores selling soap and place mats, bags etc made from different fabrics as well as many things with lavender.

Our second port of call was **Ville France**, which was nice. We took a tour of Monte Carlo and Monaco where we saw the Casino, many expensive stores, fountains and gardens. Then we stopped at **Santa Margherita** and from there we went to Cinque terre and stopped at **Manarola** and **Monterosso**. Monterosso has an old side and the new one that has a beautiful beach. The old houses are pastel colours, with vines wrapping the terraces and adorable. There is much more green space here than on the French side.

Our next Port of call was **Livornio** and we stayed there for 2 days. On the first day, we went to Pisa and after to Lucca. I always wanted to go to **Lucca**, where the body of **Santa Gema Galgani** (who I have been devoted to for the last 60 years) is in a small Church outside the city wall. We arrived in Lucca at 1pm when most of the places are closed for 'Siesta' so we rented a bicycle and went around the city and finally to the Church. On the second day, we went to **Florence**, where you really need a few days to appreciate the beauty of its Museums. We took an electric train all around the city and we went to the **Ponte Vecchio** (old bridge). We saw the Duomo, but never went in-

side because we didn't have time.

On day 8 we stopped at **Messina** and went to **Toarmina**. Beautiful! Lots of trees with pretty flowers, nice views, and the Corso Umberto that goes from the Porta Messina to Porta Catalina. We had cannelloni which is the pastry typical from this part of Italy and a drink called Granita, that is similar to the frozen drinks we have here (which I did not like). Messina is also nice with the beautiful clock that has figures that rotate when the clock gives the hour.

The last stop was **Naples**, but we didn't go out that day as it was raining. On the last day we reached our destination, Civitavecchia, and we took the transfer to the Rome airport. This is a big airport that is very modern with lots to see and so many people in there!!



La Sagrada Familia



Messina clock tower



Magic Fountain



Cinque Terre Monterosso

Ponte Vecchio

Reflections of a CWL Sister..... Carin Dokurno

I joined the CWL in 1979 when Phyllis Acton became President and restarted the St. Patrick's chapter of the CWL.

It was an exciting and extremely busy time in my life. I was a wife to Ron, mother to Richard and Susanna, managed all aspects of our home and held a full time demanding job. I was asked to become a member of the CWL whose motto is "For God and Canada". God has a plan for us and when we are willing to submit to Him, everything becomes possible, it all fits together and everything is accomplished. New and lasting friendships were made with

plans to help our St. Patrick's Parish become a united family, helping each other, the community around us and the world at large.

We were always looking to come up with new ways to raise money for all the charities that we wanted to support. I organized and supervised bazaars which would raise upto \$6000 to \$8000. We had 50/50 Raffles, small Corner Cafes to encourage people to stay and visit or shop, Bake tables, White Elephant table Craft table and a Corner Store table with homemade jams, pickles and all kinds of preserves and Susan Macera's

Sphagetti Sauce. I also organized the first CWL Cookbook, sorting through at least 200 recipes to select 40 to 45 finalists as well sponsors needed to make it work as a Fund Raiser. We also organized nights out for our members, Theatre Nights, Show and Dinner, fashion Shows etc.

I will always be grateful to the CWL and the lasting friendships I have made over the years.

Encounters with Jesus this Advent by Shirley Inniss

As the season of Advent has arrived, I think it's only fitting that we approach this month's newsletter with a spiritual accent. Therefore, we can turn our thoughts with keen insight on spiritual health this time around and lend ourselves to a short journey called **Joy in Finding Jesus**. I have found personally that a trip to the Blessed Sacrament to start the day before going on an ordinary shopping trip can open up opportunities for meeting our Lord.

For example, the bright, energetic young man at the cash seemed to be the only one who could manage the technology to access a gift card when the other cashier stated that she did not know how to, being new. "Come over to my station and I will help" and he promptly pulled out three cards when I thought I only needed two. I got to my car and realized there was a third person who could do with one (anyway, lesson learned). The lady at the bakery who

seems to remember how I take my coffee. The volunteer at the church who noticed amidst a flurry of activity that I was standing there waiting to purchase a candle. He was not on duty at the time. There were people around trying to buy tickets for various activities coming up this month. Only after meeting these good people today that there was perhaps a chance encounter with our Lord. So keep your eyes and ears open, folks. Our living Lord is all around. Happy weekend and God bless.

Sweet Potato, Carrot, Apple & Red Lentil Soup contributed by Barbara Joseph

Ingredients

- 1/4 cup (50 ml) butter
- 2 large sweet potatoes, peeled & chopped
- 3 carrots, peeled & chopped
- 1 apple, peeled, cored & chopped
- 1 large onion, chopped
- 4 cups (1 L) vegetable broth

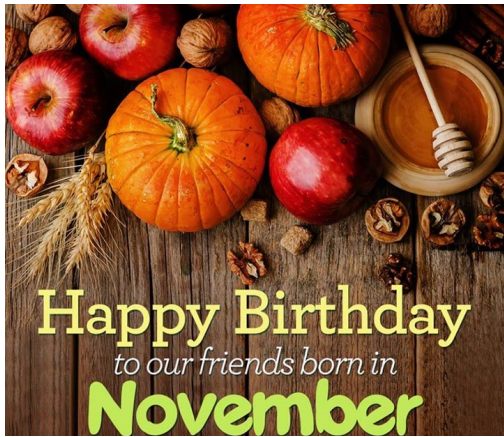
- 2 cups (500 ml) water
- 1/2 cup (125ml) dried red lentils
- 2 tablespoons minced, fresh ginger
- 2 teaspoons salt
- 1 teaspoon each of ground cumin, chillie powder and paprika
- 1/2 teaspoon black pepper

Method

- Melt butter over medium heat in a large saucepan or stockpot. Add sweet potatoes,

carrots, apple and onion; fry stirring often until softened and translucent, 10 mins.

- Add broth, water, lentils, ginger and spices and bring to boil over high heat. Reduce heat to simmer, cover and cook until lentils and vegetables are softened, about 30 mins. Allow to cool.
- Puree soup in pot using an immersion blender OR puree soup in batches in a blender, return to pot and reheat before serving.



Festive Fun with Nancy Macera

1. Which popular Christmas beverage is also called "milk punch"?
2. The movie Miracle on 34th Street is based on a real-life department store. What is it called?
3. What are the two other most popular names for Santa Claus?
4. What do people traditionally put on top of a Christmas tree?
5. In the movie It's a Wonderful Life, what happened every time a bell rang?
6. Which real-life person is Santa Claus based on?
7. What are you supposed to do when you find yourself under the mistletoe?
8. Which Christmas song contains the lyrics "Everyone dancing merrily in the new old-fashioned way?"
9. Which country started the tradition of putting up a Christmas tree?
10. How do you say "Merry Christmas" in Spanish?

TRIVIA ANSWERS: 1. Eggnog 2. Macy's 3. Kris Kringle and Saint Nick 4. An angel 5. An angel got it's wings 6. The Christian Bishop St. Nicholas 7. Kiss 8. "Rocking Around the Christmas Tree" 9. Germany 10. Feliz Navidad



News In Pictures

HAPPY BIRTHDAY ANDREA



Remembrance Ceremony
for deceased CWL members

"Cupcakes Birthday Cake" made by Lucy

